

6 Ways to Really Appreciate Your Patriarchal Blessing

By Katharine Lyon - Jul 31, 2016



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Whether you are facing big decisions or seeking comfort in your life, your patriarchal blessing acts as personalized scripture that can guide you, comfort you, and help you receive revelation.

#1. Study Your Patriarchal Blessing after Fasting and Prayer

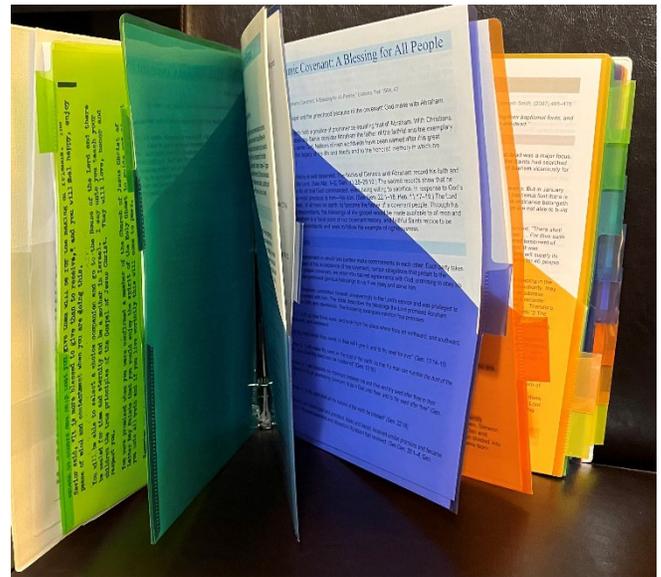
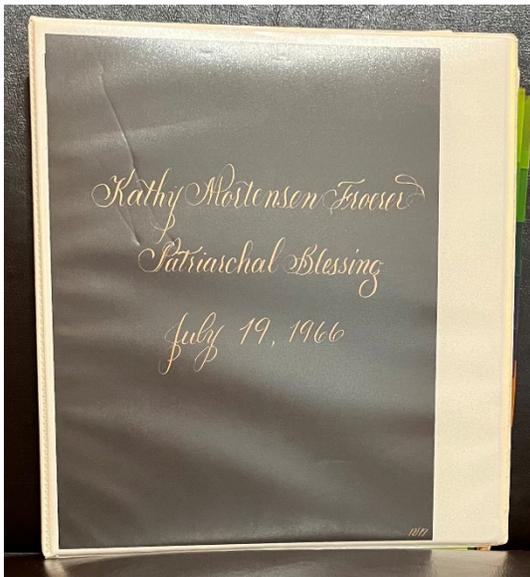
To make the most of your reading experience, you can approach your patriarchal blessing through fasting and prayer, ready to record impressions from the Spirit as you read. When we fast, our ability to tune into the Spirit is magnified, and we may receive impressions or insights we haven't previously felt.



Fasting and prayer can help us gain new insights from a patriarchal blessing.

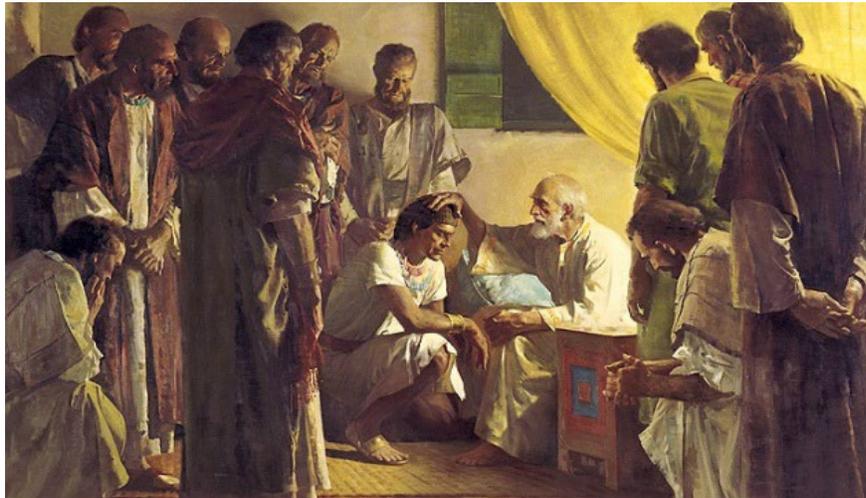
#2. Make a Copy of Your Blessing and Mark It with Notes, Insights, Scriptures, and Impressions

Elder Richard G. Scott said,
“Write down in a secure place the important things you learn from the Spirit. You will find that as you write down precious impressions, often more will come.”



#3. Learn about the Abrahamic Covenant

Elder Russell M. Nelson said: “[Jesus Christ’s] Church provides patriarchal blessings to give each recipient a vision for his or her future as well as a connection with the past, even a declaration of lineage back to Abraham, Isaac, and Jacob”.



God’s promises to Abraham and Jacob
and his sons apply to you.

#4. Set Personal Goals Based on Your Blessing, and Evaluate Your Progress

Elder Marvin J. Ashton said: “In setting our own goals we need to examine our own needs and abilities. The direction in which we are moving is more important than where we are at the moment. Goal setting should cause us to stretch as we make our way.”

Set a specific goal for an impression you received and write it down. Prayerfully make a plan to achieve that goal, and evaluate your progress each day or week. As you reach your goals, you will make steady progress and feel yourself drawing closer to God.

#5. Read Your Patriarchal Blessing Often

You can download your blessing to your smartphone or tablet to read whenever you have an extra few minutes.

Each day we face different challenges and situations, and consistently reading our blessing will help us to center our daily actions around God's plan for our life and potential.



Find ways to make your patriarchal blessing your constant companion.

#6. Memorize Your Blessing

When we memorize passages of our patriarchal blessing, we have personalized scripture readily available in times of need or temptation. When you memorize your patriarchal blessing, lines will come to mind as an answer to a prayer or a source of motivation in difficult times.

And / Or

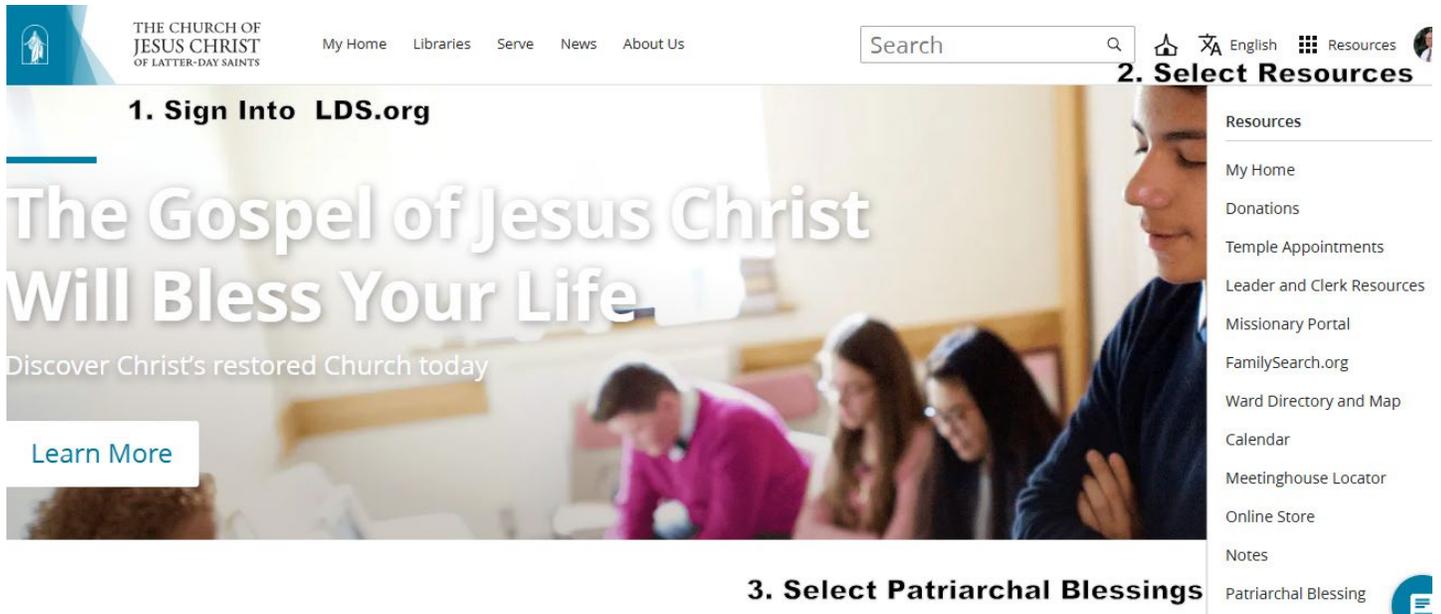
Access Your Patriarchal Blessing Online

1. Sign into LDS.org:

<https://www.churchofjesuschrist.org/?lang=eng>

2. Select "Resources"

3. Select "Patriarchal Blessing"



The screenshot shows the top navigation bar of the LDS.org website. On the left is the church logo and name: "THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS". To the right are links for "My Home", "Libraries", "Serve", "News", and "About Us". A search bar is present with the text "Search" and a magnifying glass icon. Further right are icons for home, language (English), and a grid icon labeled "Resources".

Below the navigation bar is a large banner with the text "The Gospel of Jesus Christ Will Bless Your Life" and "Discover Christ's restored Church today". A "Learn More" button is located in the bottom left of the banner. On the right side of the banner, a vertical menu is open, showing the "Resources" section selected. The menu items are: Resources, My Home, Donations, Temple Appointments, Leader and Clerk Resources, Missionary Portal, FamilySearch.org, Ward Directory and Map, Calendar, Meetinghouse Locator, Online Store, Notes, and Patriarchal Blessing. The "Patriarchal Blessing" item is highlighted with a blue bar and a blue icon.

1. Sign Into LDS.org

2. Select Resources

3. Select Patriarchal Blessings